# Delaware COVID-19 Testing

# **Testing Framework**

# The State of Delaware <u>significantly</u> <u>expanded</u> its COVID-19 testing program.

As part of the expanded program, the State provides partner organizations with testing supplies to more effectively reach Delawareans where they need and can easily access tests. Partners include Delaware's hospital systems, primary care physicians, Federally Qualified Health Centers, pharmacies, long-term care facilities, and community partners. <u>Learn more about Delaware's Testing Framework</u>.

# Testing will be prioritized for:

- Any symptomatic individual.
- Anyone with known exposure to COVID-19.
- All long-term care residents and staff.
- Vulnerable Delaware populations, including elderly Delawareans and members of low-income communities.
- Certain front-line essential workers.

# **Symptoms**

Discuss with your doctor if you have elevated temperature, cough, difficulty with breathing, or muscle aches.

# Things to know

Individuals who have symptoms should stay at home. Many

individuals infected with COVID-19 recover by resting, drinking plenty of liquids and taking pain and fever-reducing medications. It's important to be aware of your symptoms and take precautions. In some cases, illness can be severe and require hospitalization.

If you have a medical emergency, call 911 and make sure to let the dispatcher know which symptoms you are experiencing.

# If you may have been exposed but don't have symptoms

- No need to go to the emergency room (ER); it's important to preserve ER resources and avoid exposing vulnerable people to the virus.
- Stay home and make sure to distance yourself from vulnerable populations.
- Monitor your symptoms to see if anything changes.

# **Testing Locations**

\* Some hospital testing sites require that individuals obtain an order or prescription from a health care provider for testing. Teleconsultation is preferred. (\*Bayhealth, Beebe and ChristianaCare can pre-screen patients via phone without needing to see a provider).

If you don't have a doctor: Call 2-1-1, or text your ZIP code to 898-211 for individuals who are deaf and hard of hearing, and you will be connected to medical personnel about screening.

#### Beebe - Sussex

#### Date and Time:

Thursday, June 18, 2020 8:00 am - 4:00 pm

#### Location:

Beebe: Various sites Call Beebe's Coronavirus Screening Line, at 302-645-3200 for location information Lewes, DE

#### BEEBE CORONAVIRUS SCREENING LINE AND TESTING

If someone is in need of an assessment, call Beebe's Coronavirus Screening and Assessment Line, at 302-645-3200. The caller will be screened and assessed for possible COVID-19 testing or another appropriate level of care. If the caller needs testing, the provider will place an order that can be used at one of the Referral-Based Testing sites once an appointment is scheduled. The line will be staffed seven days a week from 8 a.m. to 4 p.m. If a caller has a provider order, the line will assist with scheduling the patient at one of the Beebe Testing sites.

#### COVID-19 SCREENING, TESTING, & TREATMENT AT BEEBE

Beebe Healthcare is proud to offer screening for COVID-19, which involves a series of questions about your current health, and testing for COVID-19, which is a nasal or oral swab, at designation Beebe locations. In some cases, COVID-19

tests are sent out to other labs for processing; in other cases, they are processed at Beebe's Clinical Lab at the Margaret H. Rollins Lewes Campus. Beebe is partnering with the Blood Bank of Delmarva on using donated plasma from those who had COVID-19 to help treat those who are currently hospitalized with COVID-19.

Beebe opened a COVID Positive Care Center in Georgetown so patients diagnosed with COVID-19 who do not need to be hospitalized can receive face-to-face care, including provider visits, lab, imaging, and more. Interpreter services are available.

## I FEEL I NEED TESTING, WHAT SHOULD I DO?

- 1. Reach out to your provider.
- 2. If you do not have a provider, call 302-645-3200 to be screened and assessed by a Beebe provider.
- 3. If the provider deems a test necessary, Beebe will reach out to you to schedule a visit and instructions will be provided.

## Details & Map

# Bayhealth - Dover

#### Date and Time:

Thursday, June 18, 2020 8:15 am - 6:00 pm

#### Location:

Bayhealth Dover area sites Various sites; call for location information 302-310-8477. Dover, DE As the coronavirus continues to spread, <u>Bayhealth is holding</u> <u>referral-based drive-thru screenings</u>.

En Espanol.

### Kreyòl Ayisyen.

Bayhealth has set it up this way to help save community members from the inconvenience of attending a drive-thru and being turned away if they aren't eligible to be screened.

If you have symptoms, such as fever, cough or shortness of breath, call the Bayhealth hotline at 302-310-8477, Monday — Friday from 8:15 a.m. to 6 p.m. and Saturday — Sunday from 10 a.m. to 2 p.m. During the call you will be pre-screened by a physician, nurse or advanced practice provider. If you meet the criteria, you will be directed to a screening location. You may also contact them at coronavirus@bayhealth.org.

It is strongly recommended that you do not go to your doctor's office or emergency department without calling first, since many can isolate at home without being evaluated in person. As always, if you are experiencing a medical emergency, call 911.

# Details & Map

# Bayhealth - Milford

#### Date and Time:

Thursday, June 18, 2020 8:15 am - 6:00 pm

#### Location:

Bayhealth Sussex sites Various sites; call for location info 302-310-8477. Milford, DE

Bayhealth COVID-19 Testing Info

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## En Espanol.

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# Details & Map

# **Kingswood Community Center**

#### Date and Time:

Thursday, June 18, 2020 10:00 am - 1:00 pm

#### Location:

Kingswood Community Center 2300 Bowers Street Wilmington, DE

Call for an appointment at 302-428-6586. (En Espanol).

ChristianaCare is offering FREE COVID-19 screening and testing for City of Wilmington residents with coronavirus symptoms (see the list below).

ChristianaCare is partnering with community organizations to provide testing at their locations. The testing sites are for people with coronavirus symptoms. If you have one or more of the following, you may be tested. These sites do not require a prescription or test order.

## Coronavirus Symptoms:\*

- Fever (100 degrees Fahrenheit or higher)
- New cough
- Difficulty breathing
- Sore throat
- Vomiting/diarrhea
- Body aches
- Loss of taste/smell

More information available on ChristianaCare's website.

Details & Map

Saliva-Based Testing: First Alliance Church

#### Date and Time:

Thursday, June 18, 2020 10:00 am - 2:00 pm

#### Location:

First Alliance Church 2145 Graves Rd Hockessin, DE

Saliva-Based testing event on: Thursday, June 18th from 10am- 2pm at First Alliance Church, 2145 Graves Rd. Hockessin, DE.

Please do not eat, drink, or brush your teeth 20 minutes prior to this viral test.

This free event is for people with and without symptoms. Pre-register at <u>delaware.curativeinc.com</u> to reserve your place and reduce check-in time for this viral test. Limited on-site registration will be available.

Watch the following videos available in English or Spanish to learn about how to perform the test.

English: de.gov/testing
Spanish: de.gov/pruebas

For more testing events across the state: <a href="https://coronavirus.delaware.gov/testing/">https://coronavirus.delaware.gov/testing/</a>

Details & Map

Saliva-Based Testing: Newark High School

#### Date and Time:

Thursday, June 18, 2020 10:00 am - 2:00 pm

#### Location:

Newark High School 750 E. Delaware Ave Newark, DE

Saliva-Based testing event on: Thursday, June 18th from 10am- 2pm at Newark High School, 750 E. Delaware Ave.

Newark, DE

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This free event is for people with and without symptoms. Pre-register

at <u>delaware.curativeinc.com</u> to reserve your place and reduce check-in time for this viral test. Limited on-site registration will be available.

Watch the following videos available in English or Spanish to learn about how to perform the test.

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Details & Map

Saliva-Based Testing: Sussex Technical High School

#### Date and Time:

Thursday, June 18, 2020 10:00 am - 2:00 pm

#### Location:

Sussex Technical High School 17099 County Seat Hwy. Georgetown, De

Saliva-Based testing event on: Thursday, June 18th from 10am- 2pm at Sussex Technical High School. Georgetown, DE

Please do not eat, drink, or brush your teeth 20 minutes prior to this viral test.

This free event is for people with and without symptoms. Pre-register at <u>delaware.curativeinc.com</u> to reserve your place and reduce check-in time for this viral test. Limited on-site registration will be available.

Watch the following videos available in English or Spanish to learn about how to perform the test.

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Details & Map

Beebe - Sussex

#### Date and Time:

Friday, June 19, 2020 8:00 am - 4:00 pm

#### Location:

Beebe: Various sites Call Beebe's Coronavirus Screening Line, at 302-645-3200 for location information Lewes, DE

#### BEEBE CORONAVIRUS SCREENING LINE AND TESTING

If someone is in need of an assessment, call Beebe's Coronavirus Screening and Assessment Line, at 302-645-3200. The caller will be screened and assessed for possible COVID-19 testing or another appropriate level of care. If the caller needs testing, the provider will place an order that can be used at one of the Referral-Based Testing sites once an appointment is scheduled. The line will be staffed seven days a week from 8 a.m. to 4 p.m. If a caller has a provider order, the line will assist with scheduling the patient at one of the Beebe Testing sites.

#### COVID-19 SCREENING, TESTING, & TREATMENT AT BEEBE

Beebe Healthcare is proud to offer screening for COVID-19,

which involves a series of questions about your current health, and testing for COVID-19, which is a nasal or oral swab, at designation Beebe locations. In some cases, COVID-19 tests are sent out to other labs for processing; in other cases, they are processed at Beebe's Clinical Lab at the Margaret H. Rollins Lewes Campus. Beebe is partnering with the Blood Bank of Delmarva on using donated plasma from those who had COVID-19 to help treat those who are currently hospitalized with COVID-19.

Beebe opened a COVID Positive Care Center in Georgetown so patients diagnosed with COVID-19 who do not need to be hospitalized can receive face-to-face care, including provider visits, lab, imaging, and more. Interpreter services are available.

#### I FEEL I NEED TESTING, WHAT SHOULD I DO?

- 1. Reach out to your provider.
- 2. If you do not have a provider, call 302-645-3200 to be screened and assessed by a Beebe provider.
- 3. If the provider deems a test necessary, Beebe will reach out to you to schedule a visit and instructions will be provided.

Details & Map

Bayhealth - Dover

#### Date and Time:

Friday, June 19, 2020 8:15 am - 6:00 pm

#### Location:

Bayhealth Dover area sites Various sites; call for location information 302-310-8477.

As the coronavirus continues to spread, <u>Bayhealth is holding</u> <u>referral-based drive-thru screenings</u>.

En Espanol.

### Kreyòl Ayisyen.

Bayhealth has set it up this way to help save community members from the inconvenience of attending a drive-thru and being turned away if they aren't eligible to be screened.

If you have symptoms, such as fever, cough or shortness of breath, call the Bayhealth hotline at 302-310-8477, Monday — Friday from 8:15 a.m. to 6 p.m. and Saturday — Sunday from 10 a.m. to 2 p.m. During the call you will be pre-screened by a physician, nurse or advanced practice provider. If you meet the criteria, you will be directed to a screening location. You may also contact them at coronavirus@bayhealth.org.

It is strongly recommended that you do not go to your doctor's office or emergency department without calling first, since many can isolate at home without being evaluated in person. As always, if you are experiencing a medical emergency, call 911.

# Details & Map

# Bayhealth - Milford

#### Date and Time:

Friday, June 19, 2020 8:15 am - 6:00 pm

#### Location:

Bayhealth Sussex sites Various sites; call for location info 302-310-8477. Milford, DE Bayhealth COVID-19 Testing Info

As the coronavirus continues to spread, <u>Bayhealth is holding</u> <u>referral-based drive-thru screenings</u>.

En Espanol.

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If you have symptoms, such as fever, cough or shortness of breath, call the Bayhealth hotline at 302-310-8477, Monday-Friday from 8:15 a.m. to 6 p.m. During the call you will be pre-screened by a physician, nurse or advanced practice provider. If you meet the criteria, you will be directed to a screening location. You may also contact them at coronavirus@bayhealth.org.

It is strongly recommended that you do not go to your doctor's office or emergency department without calling first, since many can isolate at home without being evaluated in person. As always, if you are experiencing a medical emergency, call 911.

Details & Map

Latin American Community Center

#### Date and Time:

Friday, June 19, 2020 10:00 am - 1:00 pm

#### Location:

Latin American Community Center 301 N Harrison Street Call for an appointment 302-320-6439. (Habla Espanol).

ChristianaCare is offering FREE COVID-19 screening and testing for New Castle County residents with coronavirus symptoms (see the list below).

ChristianaCare is partnering with community organizations to provide testing at their locations. The testing sites are for people with coronavirus symptoms. If you have one or more of the following, you may be tested. **These sites do not require a prescription or test order**.

## Coronavirus Symptoms:\*

- Fever (100 degrees Fahrenheit or higher)
- New cough
- Difficulty breathing
- Sore throat
- Vomiting/diarrhea
- Body aches
- Loss of taste/smell

<u>More information available on ChristianaCare's website.</u>

# <u>Details & Map</u>

Saliva-Based Testing: Frawley Stadium

#### Date and Time:

Friday, June 19, 2020 10:00 am - 2:00 pm

#### Location:

Frawley Stadium 801 Shipyard Dr. Wilmington, DE Saliva-Based testing event on: Friday, June 19th from 10am- 2pm at Frawley Stadium 801 Shipyard Dr. Wilmington, DE

Please do not eat, drink, or brush your teeth 20 minutes prior to this viral test.

This free event is for people with and without symptoms. Pre-register at <u>delaware.curativeinc.com</u> to reserve your place and reduce check-in time for this viral test. Limited on-site registration will be available.

Watch the following videos available in English or Spanish to learn about how to perform the test.

English: de.gov/testing
Spanish: de.gov/pruebas

For more testing events across the state: <a href="https://coronavirus.delaware.gov/testing/">https://coronavirus.delaware.gov/testing/</a>

Details & Map

Saliva-Based Testing: Redding Middle School

#### Date and Time:

Friday, June 19, 2020 10:00 am - 2:00 pm

#### Location:

Redding Middle School 201 New Street Middletown, DE

Saliva-Based testing event on: Friday, June 19th from 10am- 2pm at Redding Middle School, 201 New Street, Middletown, DE

Please do not eat, drink, or brush your teeth 20 minutes prior to this

viral test.

This free event is for people with and without symptoms. Pre-register at <u>delaware.curativeinc.com</u> to reserve your place and reduce check-in time for this viral test. Limited on-site registration will be available.

Watch the following videos available in English or Spanish to learn about how to perform the test.

English: de.gov/testing
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Details & Map

Saliva-Based Testing: Postlethwait Middle School

#### Date and Time:

Friday, June 19, 2020 1:00 pm - 5:00 pm

#### Location:

Postlethwait Middle School 2841 S. State Street Rising Sun, Delaware

Saliva-Based testing event on: Friday, June 19th from 1pm- 5pm at Postlethwait Middle School 2841 S. State St. Camden Wyoming, DE

Please do not eat, drink, or brush your teeth 20 minutes prior to this viral test.

This free event is for people with and without symptoms. Pre-register at <u>delaware.curativeinc.com</u> to reserve your place and reduce check-in time for this viral test. Limited on-site registration will be available.

Watch the following videos available in English or Spanish to learn about how to perform the test.

English: de.gov/testing
Spanish: de.gov/pruebas

For more testing events across the state: <a href="https://coronavirus.delaware.gov/testing/">https://coronavirus.delaware.gov/testing/</a>

Details & Map
Submit your testing event to the calendar

- FAQ: Oral Swab/Saliva Testing (English)
  - Curative Fact Sheet
  - FAQ: Oral Swab/Saliva Testing (Haitian Creole)
  - FAQ: Oral Swab/Saliva Testing (Spanish)

Video: Delaware COVID-19 Saliva Test Instructions

- Oral Swab/Saliva Test Instructions (English)
  - Oral Swab/Saliva Test Instructions (Spanish)
  - Oral Swab/Saliva Test Instructions (Haitian Creole)
- FAQ: COVID-19 Patient Instructions After Oral Swab/Saliva Testing (May 17, 2020).
  - FAQ: COVID-19 Patient Instructions After Oral Swab/Saliva Testing (Spanish Translation) (May 17, 2020).
  - FAQ: COVID-19 Patient Instructions After Oral Swab/Saliva Testing (Haitian Creole Translation) (May 17, 2020).
- FAQ: COVID-19 Patient Instructions After Rapid Testing (May 7, 2020)

- FAQ: COVID-19 Patient Instructions After Rapid
  Testing (Spanish Translation) (May 7, 2020)
- FAQ: COVID-19 Patient Instructions After Rapid Testing (Haitian Creole Translation) (May 7, 2020)
- FAQ: COVID-19 Patient Instructions After Testing.
  - FAQ: COVID-19 Patient Instructions After Testing (Spanish Translation)
  - FAQ: COVID-19 Patient Instructions After Testing (Haitian Creole Translation)
- FAQ: Coronavirus Disease 2019 (COVID-19) Testing (April 9, 2020).
  - FAQ: Coronavirus Disease 2019 (COVID-19) Testing (Spanish Translation)
  - FAQ: Coronavirus Disease 2019 (COVID-19) Testing (Haitian Creole Translation)
- Governor Carney, DHSS announce Statewide COVID-19
   Testing Plan in Coordination with Delaware Health Care
   Systems (March 20, 2020)

# What is the difference between "quarantine" and "isolation"?

Both quarantine and isolation help protect the public by preventing exposure to people who have or may have a contagious disease.

- Quarantine: separates and restricts the movement of people who were exposed to a contagious disease to wait and see if they are infected and become sick.
- **Isolation:** separates sick people with a contagious disease from people who are not sick.



<u>Download the "Quarantine</u> versus Isolation" Flyer

# **Additional Resources**

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You can also view <u>CDC Testing Information</u> here to help you determine if you or someone you know should be tested, how to get tested and what to do after you have been tested.

Keep in mind, this is only guidance as decisions about testing are at the discretion of state and local health departments and/or individual clinicians.